

Managing Life's Changes

Personal & Professional Life Coaching



Managing Change, LLC

WELCOME TO

Managing Life's Changes



My Value - From My Client's Perspectives

Testimonial

"I appreciate his ability to take practical methodologies and apply them to real-life situations. Ronald helped me develop both professionally and personally. He exemplifies what leadership means. Most importantly, Ronald helped me identify my strengths and weaknesses and how to capitalize on both".

Edward Witchey

Director, IT Project Management Office

Due to the shifting landscape of ministry in today's world, people are looking for fresh perspectives that will effectively support their life's expectations. Despite shrinking budgets, changing demographics, and an uncertainty of one's future, the expectations of those that we serve, requires an inclusionary mind set that takes into consideration cultural, social and the varied perceptions of a common faith.

“The double benefits of building a coaching support service is producing two distinct outcomes. First, to improve the personal and professional confidence of the individual community members and their families. Secondly it is the collective combination of all those individuals improving their self efficacy that is then transferred by their association into their work with the various professions, ultimately producing the second effect of transforming and sustaining the health of their communities.

What does a Personal & Professional coach do?

A life coach takes the client's current starting point, an acceptable neutral ground through a process that shows them that they are the agent of change. The client works with a coach in order to clarify goals and identify obstacles and problematic behaviors in order to create action plans that are their own to achieve desired results. The process of coaching is action-based.

A Personal & Professional coach enables the person receiving coaching to take control of their life and take action to steer it toward their goals.

They become their own agents of change!

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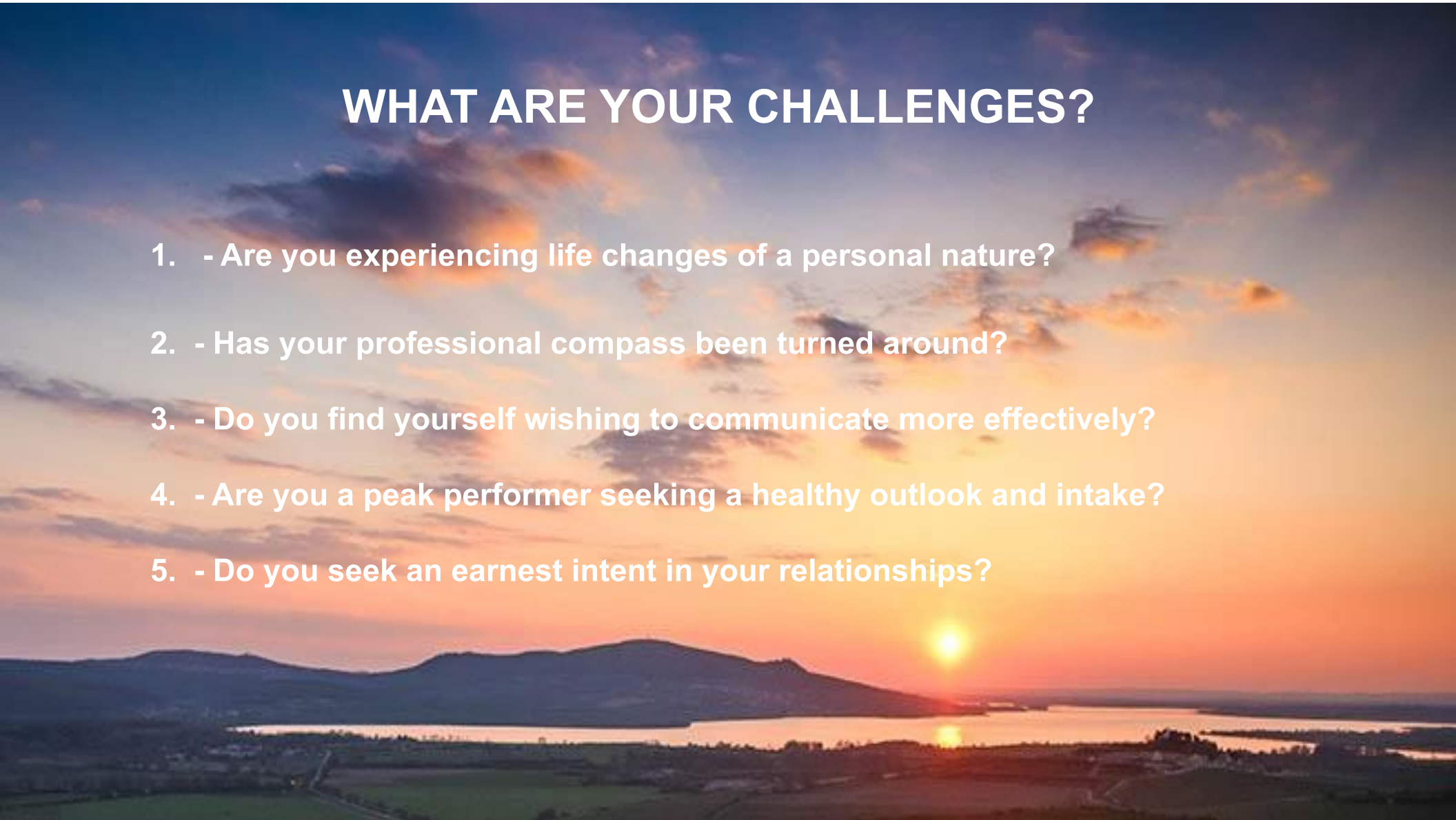
“During my project management training, I have come to know Mr. Ronald Allen very well and therefore can comment on some aspects of his teaching. Mr. Allen is a creative, organized and remarkable advisor/teacher, and it has been a pleasure working with him. An important aspect of Mr. Allen's interactions with students is his availability to answer questions and provide just the right amount of structure yet allow students independence. I have personally benefited from working with Mr. Allen and sincerely appreciate his efforts in providing effective training”!

Keela A. Edwards

Project Manager | Event Management

WHAT ARE YOUR CHALLENGES?

1. - Are you experiencing life changes of a personal nature?
2. - Has your professional compass been turned around?
3. - Do you find yourself wishing to communicate more effectively?
4. - Are you a peak performer seeking a healthy outlook and intake?
5. - Do you seek an earnest intent in your relationships?



HOW I'LL HELP YOU TO IMPROVE YOUR LIFE

I have circumnavigated the Sun some 60+ times and over the years I have learned that there are three primary concerns that occupy our time here on earth.

1. Are we Learning? Are we evolving as a human being, as a contributor in our family and community
2. Are we able to contribute to the process of what is required to add and subtract from the need to make a life?
3. How can we help others who are in need? This third element is significant because it gives us purpose and meaning.

From these three primary concerns which occupy our minds every second of our existence, I contribute five (5) key experiences.

- a. Life's Changes, an unavoidable consequence of being born.
- b. Our skills and competencies are woven into the careers that sustain us once we mature into adulthood.
- c. Our ability to engage with others in fundamental ways that make for an enriched life.
- d. Sustenance, that fuels our bodies to work and play at peak performance for elongated periods of time and for our mental, emotional and physical health
- e. The Relationships we engage in and cultivate.

These are crucial to our well being and which give us meaning for enduring some of life's most challenging experiences.

My Value - From My Client's Perspectives

Testimonial

“Ronald has provided insightful strategic guidance while being a pleasure to work alongside. I don't give recommendations easily and I am glad to promote Ronald and a valuable resource and engaging personality. I see myself as much better off for having had the pleasure of working with him.”

Glen Giancola

Sr Project Manager / Sr Scrum Master at Regeneron Pharmaceuticals, Inc.

Navigating Life's Changes

Managing Change 4 Success has been used across two states and in three colleges. By identifying the meaning of things in your life, you will give purpose to what you like to do and offer others. By being the change agent you direct the outcomes and in your actions sustain the desired goals long after the sessions are held. By nature, we need to learn, grow and give back to others. This is the highest compliment we can give our lives.

Finding the SPARK in Your Career

Through my 'identify what you naturally gravitate to', process, you will identify your latent interest that up until now have laid dormant and unused. Learn how to tap into that well of possibilities and transform your life's interest into tangible results of joy.

Engaging Thru Effective Communications

Communicating on purpose shows the people you engage with that you care. By engaging on purpose, you rapidly build rapport. Rapport opens the doors to what is mutually beneficial for you and those around you. Hence, long term meaningful relationships are easy.

Your Physic = Your Intake

If you have ever been to an all natural organic farm you can see the vitality in health that the farm animals show. What we feed ourselves is no different.

Our bodies are energized by the foods we take in. Studies show that a balanced diet of living food helps us perform at our peak for longer periods of time. Our brains respond and counter life's challenges more effortlessly when our bodies are supported with a more natural food in-take.

The Code to a Healthy Relationship

What is the true value of a meaningful relationship? Now 25+ years of growing with Miriam, my wife, I can categorically say that it is one's desire to be apart of another's life that is 'healthy'. Sharing, learning and accommodating each others needs which enriches the others character.

Come and let's identify your character in light of those that you care about and identify what your personality is already like that can guide you to a meaningful, sustainable and healthy relationship.

My Value - From My Client's Perspectives

Testimonials

“Ronald is the consummate professional. Very knowledgeable about "Change" and how it affects our lives personally & professionally. He would be an asset to speak at your company or association meeting”!

Eileen Strong

Presentation Skills Expert | Speak With Confidence | Professional Speaker On Change & Communication

WEEK 1

The initial meeting, orientation, and fact-finding to ensure we are a match to work with one another. Expectations will be established.

Read Me First and Our areas of Responsibility will be reviewed.

WEEK 2

Identify what you want to achieve and how soon you want to make it happen.

Additional resources and supporting exercises will be established.

Activity logs, Study guide and Process Sheets provided as needed.

WEEK 3

Implement initial findings and fine tune them with you into an actionable, workable process.

Review steps you have identified to take, 1, 2, 3.

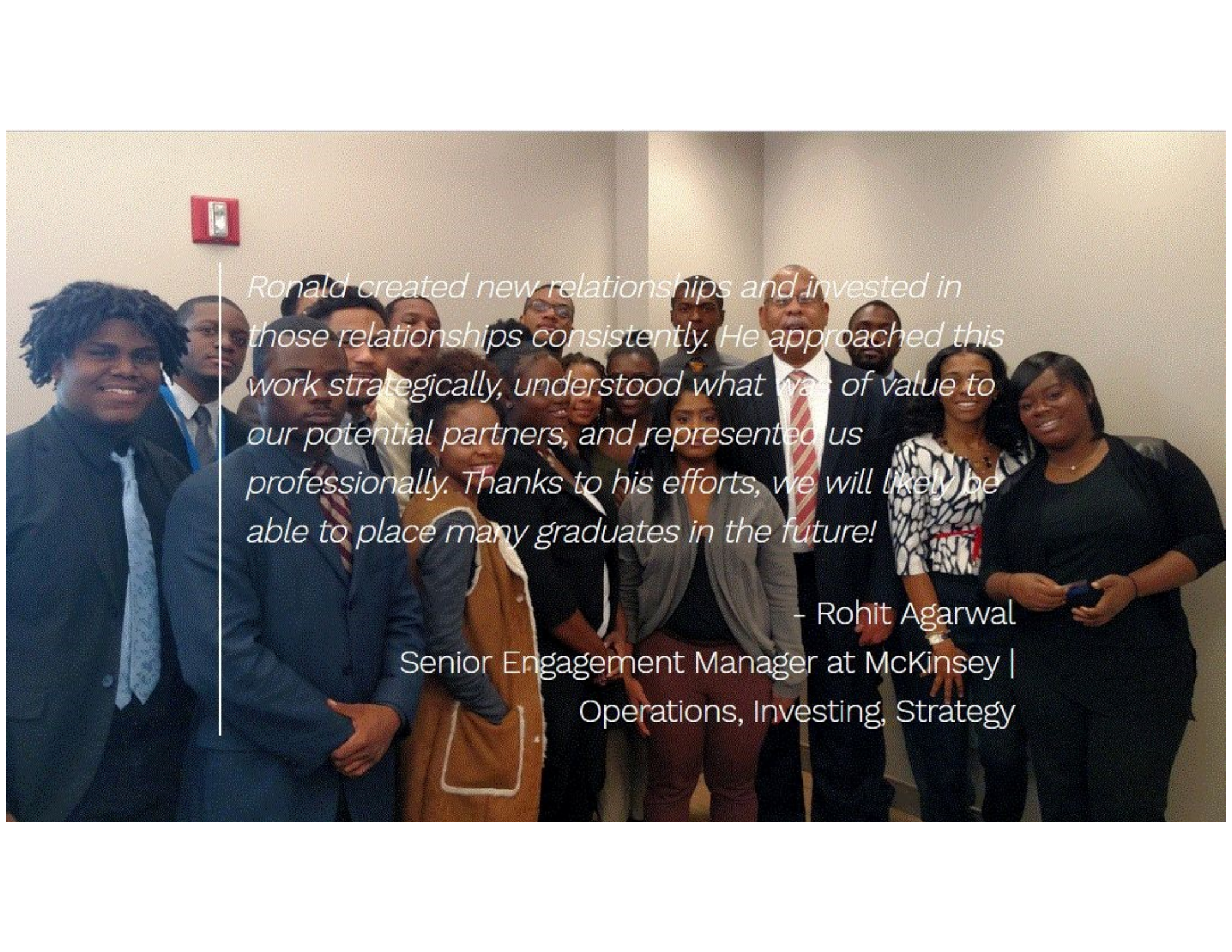
Private, Small Group and Community invitations will be offered.

WEEK 4

Confirmation of what FEELS right and what is WORKING. Review and adjustment of hourly, daily and weekly activities to ensure we are on the right path. As identified additional support and tweaking will be made.

Graduation and Next Steps established for sustainable support. You have become a member of our community and your mentoring support of others will extend you into new areas of opportunity. Your legacy has just begun.

The client will have the right to stop any and all sessions at any time.



Ronald created new relationships and invested in those relationships consistently. He approached this work strategically, understood what was of value to our potential partners, and represented us professionally. Thanks to his efforts, we will likely be able to place many graduates in the future!

- Rohit Agarwal
Senior Engagement Manager at McKinsey |
Operations, Investing, Strategy

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Testimonials

“Ronald is smart talented and I enjoyed working with him. We had many opportunities to interact and he was always generous with his knowledge. He is a superb consultant”.

Dwight E Miller

Discover How To Create A System That Generates More Leads



Identifying
Intangible Assets...
in Producing
Tangible Results